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North Dakota State Library Services for the Disabled

Discovery

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Attention Students

Don't miss the chance to win some great treasures during the Governor's Summer Reading Program starting June 1st and ending July 12th. If you are between the ages of 6 and 18 years of age and are a patron of the ND talking books program you are eligible to participate.

This year's theme is *Treasure Your Library*, so come on board for a great adventure in the South Seas with Pippi Longstocking or solve an ancient mystery with the Hardy Boys.

Everyone who signs up will receive a packet of information and treasures. All participants who read one or more books will get an invitation to attend a party on the state capitol grounds on Friday, July 16, at 2:00 p.m.

We have changed this summer's program to make it more enjoyable for everyone. You will no longer be required to fill out book reports for each book that you read and everyone who participates will get a chance to snatch a treasure from the pirate's chest.

Information about the program will be mailed out in early April, or you may find out more about the summer reading program by contacting the North Dakota State Library Services for the Disabled at 1-800-843-9948.

Patron Handbook

The North Dakota State Library Talking Book and DRIS patron handbook is now available on cassette. The handbook includes information on many of our resources and instructions on how to use the talking book machines and radio receivers. The handbook answers many frequently asked questions you may have about our loan policies and procedures, as well as listings for other agencies that may be of interest to you.

To order a copy of the handbook on tape or in large print, just ask us to send you a copy next time you call.

North Dakota State Library Services for the Disabled 1-800-843-9948

Machine Lending Agency 1-800-421-1181

1998 Catalogs

We now have the large print edition of the 1998 Cassette Books catalog produced by the National Library of Congress. This catalog contains all of the books that were produced by NLS in 1998. All of the titles are available to ND talking book patrons by calling or writing the ND State Library.

Please remember that Cassette Books 1999 will not be available until the year 2000 because the catalogs are printed after the year in which the books have been produced.

If you are interested in getting a publication with the newest titles available, you can sign up for the Talking Book Topics that are available in large print, cassette or computer disc. This catalog is sent out every other month and contains the latest releases available.

We also get a number of requests for the newest bestsellers and would like to remind you that most of these titles may be available in the future, but it does take time for these books to be recorded and circulated to the library.

New Reader Advisor

You may have heard a friendly new voice on the phone when you call in your talking book orders. The voice is Marla Paulson's and she recently joined our department as a reader advisor. She has worked in other departments at the ND State Library for many years. Please feel free to visit with Marla about your reading interests, book orders or problems you may be experiencing with your machine or books.

For those of you who have asked about Terri Wilhelm, she is still working here as a reader advisor, but has been assigned a number of other duties including promoting the talking books program and learning other skills to help the Services for the Disabled run more efficiently.

24 Hour Radio Service

Dakota Radio Information Service now offers programming 24 hours a day. The change in service is due to a change in North Dakota Public Radio operations, which now allows them to broadcast their signal around the clock.

We now have schedules available that include the new programming available to DRIS patrons. If you are interested in receiving an updated schedule, please call 1-800-843-9948.

Dakota Radio is only available in the central and western part of the state. At this time, DRIS does not cover the Fargo, Grand Forks and Devils Lake areas.

On the Shelf

Cookbooks



RC 41252

The Joslin Diabetes Gourmet Cookbook:

Author: Bonnie Sanders Polin

A psychologist, cookbook author and food consultant have recently been diagnosed with diabetes. They offer more than three hundred recipes for low-fat, high fiber dishes for dining.

RC 45890

Help! My Apartment Has a Kitchen Cookbook: 100 Great recipes with foolproof instructions

Author: Kevin Mills and his mom

Mills ate out a lot as a college student, until he drained his savings and was forced into the kitchen. In a panic he called his mom for help and she compiled these simple recipes with tips and warnings for preparing them.

RC 34752

Quick and Easy Cook Book

Author: Tori Ritchie Bunting

This is a collection of fresh ingredient recipes that can be prepared with minimal time and difficulty. It includes recipes for soups, salads, sandwiches, pizza, main dishes and desserts.

ND 00008

Hagbaum Reunion Cookbook

A book of family recipes including: Scandinavian coleslaw, homemade noodles and lefse.

RC 26655

Craig Claiborne's Southern Cooking

Author: Craig Claiborne

Cooking expert Claiborne returns to his childhood roots, to the foods and kitchens he experienced as a young boy in Missouri.

RC 25518

Mastering Microwave Cooking

Author: Thelma Snyder

This book explains how a microwave works and how to judge cooking time for most foods in relation to poundage and mass. The emphasis is on what microwaving does best including: stews, fish, shellfish and desserts.

RC 21360

Kids Cooking Without a Stove:

Author:

A cookbook for young children Easy-to-follow recipes for desserts, drinks, salads, sandwiches, snacks, and candies that require no cooking. For children in grades K-3.

RC 12624

Crockery Cookery

Author: Mable Hoffman

This book includes a variety of recipes adapted for a slow cooking electric pot. The author emphasizes that this method of cooking saves time, energy and money and food can be left all day without the fear of overcooking.

RC 39918

More Home Cooking:

Author: Laurie Colwin

A writer returns to the kitchen with her thoughts about food, cookbooks, holiday meals, fast food, children's food and picnics. Information on feeding jet lag, making jam and roasting a turkey.

ND 00009

St Alexius Employee Cookbook

Author: St. Alexius Employees

A variety of recipes submitted by the employees of St. Alexius Hospital in Bismarck, ND. Some of the recipes included are homemade chicken noodle soup, fleischuechle, cabbage rolls and homemade Kahlua.

RC 35386

The Encyclopedia of Asian Food and Cooking

Author: Jacki Passmore

An alphabetical listing and description of six hundred ingredients with about four hundred recipes and cooking methods from Asia. Recipes included are from India, Japan, China and Sri Lanka.

RC 35153

A Passion for Potatoes

Author: Lydie Marshall

A cooking school owner has collected a wide variety of potato recipes for appetizers, entrees, side dishes and desserts.

RC 42522

Le Courdon Blue Classic French Cookbook

Author: Julia Alcock

One hundred classic recipes including vichyssoise, duck breasts and pistachios. A section for the beginner is also included in this edition.

RC 25622

Marcella's Italian Kitchen

Author: Marcella Hazan

This noted writer and cook introduces the true Italian style to America with recipes for tempting dishes with an authentic Italian taste.

RC 38347

Butter Busters: the cookbook

Author: Pam Mycoskie

Yo-yo dieter Mycoskie has converted low fat eating coupled with exercise. She shares her recipes for all types of dishes and calculates the percentage of fat.

RC 38862

In the Kitchen With Rosie: Oprah's favorite recipes

Author: Rosie Daley

Oprah's personal cook shares the low-fat recipes she created for Oprah, which includes recipes for un-fried chicken, spinach fettuccini with ginger chicken and peach crepes.

New Software

The North Dakota State Library Services for the Disabled recently updated the software used to maintain the talking book database. Some of you may have noticed an interruption in your service for a week or more, due to the changes. We apologize for any inconvenience this may have caused and would like to thank you for your patience and understanding during this time.

We hope the changes will allow us to give you more efficient service, with fewer day-to-day problems. We are still in the testing stage with this new software and could experience some minor problems.

If you think something has changed with your talking books service, or you have any questions, don't hesitate to call.

Diabetes Information

It is very important that persons with diabetes have access to the most up-to-date information. The following websites contain a great deal of useful information about controlling diabetes, diet, exchange lists, travel and vacation planning, restaurant dining, childhood diabetes and much more.

American Diabetes Association

<http://www.diabetes.org/diabetesspectrum>

NARIC Knowledgebase

<http://www.naric.com/naric/search>

Nethealth

<http://www.diabetes.com>

Other resources

We have numerous copies of National Federation of the Blind's monthly magazine *Voice of the Diabetic*. Call us for a free subscription.

We can currently order the following magazines about diabetes at no cost to you: *Diabetes Forecast* and *Diabetes Self-Management*. We also have a number of books available about preventing, controlling and treating diabetes. If you are interested in finding out what is available about the topic of diabetes or other health issues, call and ask one of the reader advisors and we will let you know what is available.

Are You Missing Something?

Are you missing one of your own tapes of music or a book on tape that is not from the North Dakota State Library? We have quite a number of music tapes and pieces of books on tape that are not part of our collection that people had inadvertently sent back with their talking books. If you are missing something like this, please send us a note or call us so we can check to see if we may have your missing pieces.

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